CHRONIC PAIN STATISTICS

Chronic pain can be hard to understand as it is often an invisible disease to those on the outside.

Here are some facts and figures that help quantify chronic pain in the United States.





Chronic pain is defined as pain that lasts longer than six months and can last long after an injury or illness has gone away¹





It is estimated that 50 million people in the United States suffer from chronic pain²



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The WHO estimates that globally, one in 10 adults are newly diagnosed with chronic pain each year³





Chronic pain affects more Americans than diabetes, heart disease and cancer combined⁴





\$560 billion is the estimated cost of chronic pain, stemming from medical costs, lost productivity and rehabilitation programs⁸





Chronic pain is one of the most common reasons Americans seek medical care and is associated with restrictions on mobility, anxiety, depression and reduced quality of life⁵⁻⁷





People aged 45–64 are the most likely to report pain lasting longer than 24 hours⁹



References

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